

What's going on this week?

Within days of the announcement of a new football Super League competition - open to only the biggest clubs, most of the teams had withdrawn, deciding they no longer wanted to take part. Fans, football authorities and government ministers in the UK, and across Europe, expressed anger at what they said would be an unfair competition that would keep many teams out of top European football.

Main question: What role does sport play in our lives? Listen, think, share

- Look at this week's poster and talk about what we can see. What does it say on the man's t-shirt? What do we think this news story could be about?
- Explain that recently, a new Super League football competition had been announced that only allowed the biggest clubs to play. Do you think this sounds fair? Lots of football fans around the world were very disappointed about the decision as they thought that it separated the biggest clubs from the smaller ones. Within a couple of days, most of the clubs decided they no longer wanted to take part.
- Watch this week's useful video (link found overleaf). What are the main reasons given against the new Super League?
- Thinking about your own experience of sport. Do you enjoy any sports in particular? Either watching or taking part? Discuss how some sports can make us feel a range of emotions when we watch them.
- Read through the information found on the assembly resource, which explores some of the biggest sporting competitions. Have you ever felt passionately about a sports event? This could be through playing yourself or watching others.

Reflection

Sports, whether for fun, work or learning are not just about fitness or victory but they can also provide opportunity to teach us lifelong skills, fairness, teamwork and hope.



KS1 Focus

Question:

What are some of the different sports we take part in?

Listen, think, share

- Write the word 'sport' on the board. Do you know what sport is? Explain that sport is a game, competition or activity, which needs physical effort and skill. Often an individual or a team compete against others to find a winner!
- Look at resource 1, which shares some examples of sports. Have you taken part in any of these sports before? Can you think of any other sports?
- Think about some of the sports clubs we might take part in at school or outside of school. Do you have a favourite sport? Why? Is there a sport you don't enjoy?
- Some of the most popular sports in the UK include football, cricket, rugby and tennis. We often play these sports in school or can find a local club to join. Can you think of any unusual sports people might take part in e.g. bed racing, zorbing? Have you ever taken part in an unusual sport?
- Look back at the sports on resource 1, decide if it is a team sport, an individual sport or both. Some people prefer team sports, others prefer to compete by themselves. Which do you prefer? Why?
- Sports often involve competition so there will be people who win and people who lose. Is competition something you enjoy? How does it feel when we win or lose?

Reflection

There are many different sports. We will have already tried some at school or in clubs but there are still many more to explore and try!



KS2 Focus

Question:

What is the difference between sport and exercise?

Listen, think, share

- Write 'sport' and 'exercise' on the board. Can you record a list of sports e.g. basketball, tennis and a list of exercises e.g. jogging, weight training. What do you think is the difference between sport and exercise?
- Look at resource 2, which shares more information about sport and exercise. Do you enjoy both sport and exercise? Do you have a favourite? Is there a sport or exercise you don't enjoy? Why?
- Looking at the definitions of sport and exercise and the examples, can you record the differences and similarities between the two?
- Focus on some of the physical skills used in sport. Can you think of any others? How can we get better at these skills?
- Discuss any other benefits of sport e.g. develop social skills, learn to win and lose, improve strength and fitness, support mental health. Repeat for exercise. Which benefits are the same?
- Explain that some people think that all sports are exercise but not all exercises are sport. Do you agree with this? Do you think it is possible to develop skills and improve fitness whilst taking part in sport?
- Some teams or individuals become very successful in their chosen sport. They may even earn a living from playing. Do you think these people can be the best in their country or even the world by just playing their sport or do you think they need to exercise and train too?

Reflection

Sport and exercise are both physical activities which can have many benefits. Some people prefer sport, others exercise and some take part in both!



KS2 Follow-up Ideas

Option 1: Use resource 2 to recap the differences between sport and exercise.

- Do you enjoy sport and/or exercise?
- Which do you prefer?
- What are the benefits of taking part in sport/exercise?
- What sports clubs or exercise opportunities do you have at your school?
- Are there any sports clubs or exercise opportunities you would like to see more of?

Ask the children to write a letter to their headteacher, PE lead or Sports Crew to share the benefits of sport and exercise and persuade them to perhaps add something new to the clubs list!

Option 2: Remind the children that a sport is usually a game, competition or activity where there are rules and a team or an individual tries to win. Explain that they are going to create their own sport! Think about:

- What will you call your sport?
- What equipment will you need?
- What space will you need?
- How many players or competitors?
- What are the rules?
- How do you win?

If possible, allow the children to try out each other's sports. They can adapt and improve them as they go. You could even create a mini league or tournament!



KS1 Follow-up Ideas

Option 1: Ask the children to share any sports they might have played or watched. Record them on the board.

- Which is your favourite sport?
- Do you play it or watch it?
- Where and when do you play or watch it?
- Who do you play or watch it with?
- What are the rules?
- Why is this sport your favourite?

After discussing and sharing responses, ask the children to draw a picture of their favourite sport and use words and sentences to share information about it.

Option 2: Show the children the table below, which shows the number of goals scored by some football teams taking part in a league.

Football team	Number of goals scored
Red Rovers	17
Blue Bullets	9
Lilac Lions	5
Green Giants	24
Pink Panthers	12
Orange Otters	13

- Which team scored the most/least?
- How many goals did Lilac Lions score?
- How many more goals did Orange Otters score than Blue Bullets?
- Can you order the goals scored from most to least?
- Which teams scored an odd/even amount of goals?



This Week's Useful Websites This week's news story www.bbc.co.uk/sport/football/56824628

This Week's Useful Videos What is the European Super League? www.bbc.co.uk/newsround/56827208

This Week's Virtual Assembly www.picture-news.co.uk/discuss

This Week's Useful Vocabulary

Announcement – a formal public statement which gives information about something that has or will happen.

Within days of the *announcement*...

Disappointed – unhappy your hopes or expectations about someone or something were not satisfied.

Fans around the world were very *disappointed*. **Expressed** – show what you think or how you feel.

...expressed anger.

League – a group of teams playing a sport who take part in competitions between each other.

Football Super *League* competition

Victory – an occasion when you win.

Sports, whether for fun, work or learning are not just about fitness or *victory*.

Withdrawn – to have left or stopped being involved.

Most of the teams had withdrawn.